

San Ramon Valley Unified School District

Elementary Menu



2009

Monday	Tuesday	Wednesday	Thursday	Friday
<p>National School Lunch Week October 12-16</p>			<p>BREAKFAST FOR LUNCH Whole Grain French Toast Sticks Egg Patty Beef Sausage Patty Spaghetti and Marinara <u>Fresh Fruit</u> <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>	<p>NO SCHOOL Teacher Work Day</p>
5	6	7	8	9
CONFERENCE WEEK				
<p>PEPPERONI PIZZA Cheese Pizza (V) Veggie Sticks <u>Fresh Fruit</u> <u>FUN LUNCH (V)</u> <u>Blueberry Muffin/</u> <u>Mozzerella Cheese Sticks/</u> <u>Baby Carrot Sticks/ Apple</u> <u>Wedges</u> <u>Milk</u></p>	<p>WHOLE GRAIN CORN DOG Veggie Sticks <u>Fresh Fruit</u> <u>FUN LUNCH (V)</u> <u>SOFT BAGEL WITH</u> <u>CC/YOGURT CUP/ VEGGIE</u> <u>STICK AND FRUIT</u> <u>Milk</u></p>	<p>CRISPY CHICKEN NUGGETS WHOLE WHEAT ROLL Veggie Sticks <u>Fresh Fruit</u> <u>FUN LUNCH (V)</u> <u>KING SIZE</u> <u>PRETZEL/YOGURT</u> <u>STICK/VEGGIE STICK</u> <u>AND FRESH FRUIT</u> <u>Milk</u></p>	<p>CHEESY QUESADILLA (V) Veggie Sticks <u>Fresh Fruit</u> <u>FUN LUNCH (V)</u> <u>SUB</u> <u>SANDWICH/SUNCHIPS/V</u> <u>EGGIE STICKS/FRESH</u> <u>FRUIT</u> <u>Milk</u></p>	<p>TOASTED CHEESE(V) ON WHOLE WHEAT Veggie Sticks <u>Fresh Fruit</u> <u>FUN LUNCH (V)</u> <u>SOFT BAGEL WITH</u> <u>CC/YOGURT CUP/ VEGGIE</u> <u>STICK AND FRUIT</u> <u>Milk</u></p>
12	13	14	15	16
<p>WHOLE GRAIN CHICKEN NUGGETS HAMBURGER OR VEGGIE BURGER(V) BEEF DUNKERS AND RICE ANIMAL CRACKER FUN PACK <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>	<p>Pizza Day! PEPPERONI PIZZA OR CHEESE PIZZA (V) POPCORN CHICKEN POTATO WEDGES BAGEL/CC AND YOGURT <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>	<p>SPAGHETTI AND MARINARA SAUCE (V) MEATBALLS CHICKEN PATTY SANDWICH ON WHOLE GRAIN BUN PRETZEL WITH YOGURT <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>	<p>WOK THIS WAY TERIYAKI CHICKEN BOWL STEAMED RICE HOT DOG CHEESE OMELETTE TATER TOTS <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>	<p>BREAKFAST FOR LUNCH Whole Grain French Toast Sticks Egg Patty Beef Sausage Patty DELI SANDWICH FISH PATTY SANDWICH <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>
19	20	21	22	23
<p>GRILLED CHICKEN CLUB WITH TURKEY BACON CHEESE PIZZA (V) BEAN 'N CHEESE BURRITO POTATO ROUNDS <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>	<p>SWEET & SOUR PORK STEAMED RICE MAC N CHEESE (V) WG CHICKEN NUGGETS FORTUNE COOKIE COOKIE DAY <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>	<p>BEEF SOFT TACOS CHEESE QUESADILLA (V) WG CORN DOG Fresh Fruit <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>	<p>HOMESTYLE FEAST HEARTY MEATLOAF MASHED POTATOES CRISPY CHICKEN PATTY ON WHOLE WHEAT BUN FISH NUGGETS Crispy Goldfish Crackers <u>*Fruit and Veggie Bar, Milk</u></p>	<p>BBQ BEEF RIB SANDWICH POPCORN CHICKEN TOASTED CHEESE SANDWICH (V) PEACH CUP <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>
26	27	28	29	30
<p>FIESTA! CHICKEN TAQUITOS CHEESEBURGER OR VEGGIE BURGER(V) SUPER NACHOS SPANISH RICE <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>	<p>PASTA! ROTINI AND MARINARA SAUCE WG CHICKEN NUGGETS BAGEL/CC AND YOGURT WG BREADSTICK <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>	<p>BAKED CHICKEN CHICKEN PATTY SANDWICH ON WHOLE GRAIN BUN BEAN AND CHEESE BURRITO(V) ANIMAL CRACKERS <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>	<p>Pizza Day! PEPPERONI PIZZA OR CHEESE PIZZA (V) HEARTY TURKEY CHILI POPCORN CHICKEN POTATO ROUNDS <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>	<p>BREAKFAST FOR LUNCH Whole Grain French Toast Sticks Egg Patty Beef Sausage Patty DELI SANDWICH FISH PATTY SANDWICH <u>*Fruit and Veggie Bar</u> <u>Milk</u></p>

***FRESH FRUIT AND VEGETABLE BAR OFFERED DAILY FEATURING:**

FRESH SALAD GREENS
PEARS
BABY CARROTS
RAISINS
FRESH FRUIT OF THE DAY

Lunch Prices
\$3.50 paid, \$0.40 reduced*, free* (*if qualified), \$4.25 adult

WATCH FOR NEW ORGANIC OFFERINGS

V = Vegetarian Option
WG = Whole Grain product
Menu Subject to Change



The School Lunch Program is operated in accordance with the U.S. Department of Agriculture policy, which does not permit discrimination because of race, color, sex, age, handicap, or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Food service provided by Chartwells School Dining Services.

You may qualify for free or reduced price meals. Applications are available at all schools and the district office. For questions regarding the food service program, please contact the Child Nutrition office at (925) 824.1808.

This Institution is an Equal Opportunity Provider.